Salicylic Acid Treatments for Extending Postharvest Quality of Tomatoes Maintained at Different Storage Temperatures

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ABSTRACT

Salicylic acid (SA) is known to be an effective tool on extending the postharvest quality of horticultural commodities by preventing synthesis and movement of ethylene. Thus, the present study was established to study the effect of different doses of SA treatments (0.5 mM, 1.0 mM and 2.0 mM) on extending postharvest quality of pink maturity tomatoes maintained at two different storage conditions (5 °C with 90% relative humidity and 20 °C with 65% relative humidity). SA treatment at all doses significantly retarded weight loss at both storage conditions. SA treated tomatoes were firmer, higher in titratable acidity, and exhibited less biochemical changes than the control fruit at the end of storage. Among the applied doses, SA at 2 mM can be recommended as it was pioneering for most of the parameters analyzed during cold storage at both 5 °C for 20 d and at 20 °C for 10 d. SA treatment may be recommended as an environmental friendly, healthy and sustainable method for extending postharvest quality of tomatoes cold storage and shelf life, without significant adverse effect on produces.

1. Introduction

Tomato is one of the most important vegetable crops grown in Turkey. According to 2018 statistical data, 12.8 million tons of tomatoes are produced in Turkey, which corresponds to approx. 7% of the total world production (180 million tons) (Anonymous 2021). Tomato fruits are an important vegetable crops and are among major contributor of carotenoids (especially lycopene), phenolics, vitamin C and small amounts of vitamin E in daily diets (Gautier et al. 2008).

Tomatoes are climacteric fruits and their ripening is highly depended on ethylene action (Mostofi et al. 2003; Guillen et al. 2007). The rapid ripening of fruit after harvest limits storability and is a concern during transportation and marketing. Ethylene synthesis and action in tomatoes can be affected by low temperature storage, controlled or modified atmosphere and application of ethylene antagonists (Feng et al. 2004; Sabir and Agar 2011).

Salicylic acid (SA), a phenolic compound found in a wide range of plant species, exhibits a high potential in controlling the postharvest losses of horticultural crops. Postharvest SA treatments decrease the ethylene biosynthesis and action, induce the resistance towards

disease, prevent oxidative stresses, support the fruit tolerance to chilling injury, decrease respiration rate, delay ripening and senescence, slow down the activity of cell wall degrading enzymes and maintain the crop firmness (Asghari and Aghdam 2010).

Application of exogenous SA at non-toxic concentrations to fruit has been shown to inhibit respiration and ethylene production of plum (Luo et al. 2011) and apricot (Erbaş et al. 2015). Postharvest exogenous application of SA, delayed over-ripening in fruits like kiwifruit (Zhang et al. 2003), sweet cherries (Valero et al. 2011) and peach (Sabir et al. 2019). Furthermore, treatments with SA alleviated chilling injury of tomatoes (Aghdam et al. 2012) and pomegranates (Sayyari 2011).

The objective of the present study was to evaluate the effect of different concentrations of SA (0.5 mM, 1.0 mM and 2.0 mM) and storage temperatures (20 and 5 °C) on extending the postharvest quality attributes of tomatoes (*Lycopersicon esculentum* Mill.) during storage.

2. Materials and Methods

Tomatoes (*Lycopersicon esculentum* Mill.) cv. 'Durinta' were harvested from commercial field in Cumra, Turkey at pink maturity stage using the United States Department of Agriculture tomato ripeness color classification chart (USDA 1991) and immediately

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transferred to the laboratory of the Department of Horticulture at Selcuk University. Afterwards, fruits were selected for unity and freedom from defects and blemishes, tomatoes were randomly divided into four equal lots. First lot was evaluated as a control group untreated while three lots were assigned to different concentrations of SA (0.5 mM, 1.0 mM and 2.0 mM) treatments. Each group further divided into two lots for different storage temperatures (5 and 20 °C).

SA (Sigma- Aldrich 69-72-7) treatments were performed by dipping fruits in 5 L of solution for 5 min at ambient temperature (22°C) with the addition of 0.01% Tween 20 (Merck 9005-64-5) surfactant, and then fruits were left to dry at room temperature. Treated and untreated fruits were stored at 5 °C (cold storage with 90% relative humidity) for 20 d or 20 °C (ambient temperature with 65% relative humidity) for 10 d in open boxes. Fruit quality attributes was evaluated after 0, 2, 4, 7 or 10 d at ambient temperature and 0, 5, 10, 15 or 20 d at cold storage.

The weight loss (%) during postharvest storage was determined by periodical weighing, and calculated by dividing the weight change during storage by the initial weight:

Weight loss (%) = $[(W_i - W_s)/W_i] \times 100$, where W_i = initial weight and W_s = weight at examined time.

Fruit firmness was measured using a digital penetrometer (fruit pressure tester, model 53205; TR, Forli, Italy) with an 8 mm probe. Ten fruits in each replication were pressed at opposite sides of their equatorial axes. Results were expressed as Newton (N).

Skin color of ten tomatoes per treatment was analyzed using a colorimeter (Minolta® CR-400) to obtain the following variables from two equatorial points of fruits: L^* , a^* , b^* . Results were calculated as hue angle (h°) using equations described by McGuire (1992).

Tomato juice squeezed from fruit was analyzed for total soluble solid content (SSC) using a refractometer (Atago, Tokyo, Japan) and results were expressed as %. Titratable acidity (TA) was determined by titrating 5 mL of juice using 0.1 N NaOH to pH 8.1, and expressed as % citric acid. The ratio between SSC and TA was also calculated as ripening index (RI).

Lycopene content of tomatoes was performed as previously described by Sharma and Maguer (1996); Rao et al. (1998) with slight modifications. For lycopene analysis, pericarp tissue of tomatoes was blended with a warring blender for 1 min. One gram of homogeneous tissue and 50 mL hexane:ethanol:acetone (2:1:1, v/v) were shaken for 30 min. After shaking, 10 mL of distilled water were added and shaken for 5 min again. The solution was then placed in a separator funnel and, after phase separation, the upper phase was collected. The extract was filtered via Whatman No. 42 filter paper and lycopene concentration was determined by measuring the absorbance of the solution at 502 nm using a UV-visible spectrophotometer. Results were expressed as mg kg^{-1} fresh fruit weight.

The experiment was a completely randomized design with three replications and each replication contained 15 fruits. Data from analyzed parameters were subjected to analysis of variance separately. Sources of variation were treatment, storage time and their interaction. Means were compared by Student's t-test at $P \leq 0.05$, using JMP statistical software version 5.1 (SAS Institute Inc., Cary, NC, USA).

3. Results and Discussion

For both storage conditions, the percentage of weight loss increased during prolonged storage for control and all SA treatments (figure 1) while the effect of SA treatments on weight loss was found statistically significant. At the end of the cold storage, the greatest loss in weight occurred in non-treated control tomatoes (2.06%), while the lowest value was obtained from 1.0 mM SA (1.71%). As for the tomatoes stored at 20 °C, similar weight loss course was seen with that of the cold storage findings. Accordingly, all the treatments significantly restricted the loss in weight during the storage at 20 °C, with more pronounced effect following 4th d. Among them, SA treatments at 1.0 mM resulted in the lowest loss in weight with the value 4.43%, which was followed by 0.5 mM SA (3.50%). On the other hand, the weight loss in 2 mM SA tomatoes was as high as 3.78%, resulting from a progressive increment in moisture loss from produces along with the storage at ambient temperature. The weight loss is known to be the major determinant of storage life and quality of fresh commodities (Sabir and Agar 2011) and mainly regulated by respiration, transpiration and metabolic activities in fruits. SA has been reported to close stomata which results in suppressed respiration rate and minimized weight loss of fruits (Tareen et al. 2012). According to the more recent studies, postharvest SA treatment was effective in delayed the weight loss in various horticultural products such as apple (Sabir et al. 2013), plum (Davarynejad et al. 2015), apricot (Erbaş et al. 2015) and peach (Tareen et al. 2012). Thus, the results of this study suggest that SA might have reduced respiration and transpiration which concomitantly delayed weight loss. As illustrated in figure 2, firmness of the fruits gradually decreased during the prolonged storage in both storage conditions. However, all SA treatments significantly maintained the fruit firmness in comparison to control fruits. Initial firmness value of tomatoes were 41.7 N. At the end of the cold storage period, the highest firmness value was obtained from 2.0 mM SA treatment (34.5 N), followed by 1.0 and 0.5 mM SA treatments (29.4 and 27.5 N, respectively). On the other hand, fruits of control treatment showed the lowest firmness value (26.6 N). Firmness of the tomatoes also underwent a significant decrease during their storage at 20 °C. At the end of the experiment, firmness values were 27.7 N, 25.8 N, 24.5 N and 22.9 N for 2.0 mM SA, 1.0 mM SA, 0.5 mM SA and control, respectively. Results indicated 2.0 mM SA

treatment significantly delayed the softening compared to control. Similar results were also obtained by Awad (2013) who reported that 0.5, 1.0 and 1.5 mM SA

significantly inhibited the decrease of firmness in peach fruits.

Figure 1

Effects of SA on weight loss (%) of tomato during cold storage at 5 °C and ambient temperature storage at 20 °C. Each bar represents the mean of three replicates of 5 fruits each. Vertical bars represent the standard deviation of that mean.

Figure 2

Effects of SA on firmness (N) of tomato during cold storage at 5 °C and ambient temperature storage at 20 °C. Each data point represents the mean of three replicate samples. Vertical bars represent the standard deviation of that mean.

Changes in the fruit skin color related values during cold and ambient storage conditions were shown in figure 3. Decrease in the fruit skin hue angle value was recorded with the prolonged storage time in both storage condition, but the differences between the treatments were statistically insignificant. At harvest, h° value of fruit skin was 49.3° . At the end of the cold storage, the highest h° value was obtained from the fruits of the control fruits (48.1°), while the lowest

value was measured in the 2.0 mM SA treated fruits (46.1°). h° value of the tomatoes also decreased along with the storage at 20 °C similar to cold storage findings. Finally, h° values of fruit skin ranged from 43.8° (2.0 mM SA) to 42.5° (control). Tomato color is greatly correlated with lycopene content, and as the fruit develops from the mature green stage to the red stage, lycopene concentration increases significantly (Nunes 2008).

Figure 3

Effects of SA on skin color (h°) of tomato during cold storage at 5 °C and ambient temperature storage at 20 °C. Each data point represents the mean of three replicate samples. Vertical bars represent the standard deviation of that mean.

In general, SSC underwent a slight but insignificant increase through the storage (table 1). At the harvest, SSC contents of fruits were 4.70%. These values increased during the storage regardless from treatments. At the end of the storage, the highest SSC was observed in control (5.03%), while the least value was recorded in 0.5 mM SA (4.53%). Some researchers reported that single use of SA treatment had no effect

on SSC of several fruits like grape (Ranjbaran et al. 2011) and persimmon (Khademi et al. 2012).

TA values tended to reduce during the cold storage across the applications. TA was 0.517% at harvest while at the end of the storage ranged from 0.410% (control) to 0.473% (2.0 mM SA). During the ambient storage conditions, TA also decreased during the

storage. The highest TA was observed in 2.0 mM SA (0.420%), followed by 1.0 mM SA (0.413%) and control (0.397%) while the least value was recorded in 0.5 mM SA (0.373%) at 10 days (table 2). 2.0 mM SA treatment significantly prevented TEA decline in both

storage conditions. These observations were well adjusted to the findings of Sayyari et al. (2009) on pomegranates, Davarynejad et al. (2015) on plum and Bal (2012) on cherry.

Table 1

Effects of SA on SSC, TEA, SSC/TA and lycopene of tomato during cold storage (5 °C).

Treatments	Storage (days)				
	0	5	10	15	20
SSC					
Control	4.70±0.17	4.93±0.12	4.73±0.12	4.97±0.06	5.03±0.06
0.5 mM SA		4.93±0.42	4.67±0.12	4.50±0.35	4.53±0.35
1.0 mM SA		5.00±0.20	4.67±0.23	4.50±0.10	4.77±0.12
2.0 mM SA		5.00±0.00	4.93±0.12	4.53±0.25	4.83±0.12
TA					
Control	0.517±0.031 a	0.422±0.012 fgh	0.420±0.010 fgh	0.405±0.012 h	0.410±0.010 gh
0.5 mM SA		0.500±0.020 abc	0.437±0.032 d-h	0.450±0.026 def	0.442±0.023 d-g
1.0 mM SA		0.508±0.035 ab	0.430±0.017 e-h	0.428±0.010 fgh	0.455±0.012 def
2.0 mM SA		0.472±0.010 bcd	0.467±0.012 cde	0.453±0.015 def	0.473±0.032 bcd
SSC/TA					
Control	9.10±0.084 f	11.71±0.08 abc	11.28±0.40 bcd	12.27±0.32 ab	12.30±0.36 a
0.5 mM SA		9.84±0.42 ef	10.71±0.78 de	9.98±0.17 ef	10.30±1.18 de
1.0 mM SA		9.85±0.31 ef	10.83±0.18 cde	10.52±0.45 de	10.48±0.37 de
2.0 mM SA		10.59±0.20 de	10.59±0.45 de	10.01±0.59 ef	10.27±0.85 e
Lycopene					
Control	28.85±1.02 d-g	27.91±0.88 d-g	29.41±1.06 cde	32.58±1.24 b	35.20±3.08 a
0.5 mM SA		27.39±1.29 efg	29.99±0.99 cd	33.66±1.62 ab	35.44±1.73 a
1.0 mM SA		26.83±0.74 fg	29.20±0.93 def	29.93±1.28 cd	31.82±1.90 bc
2.0 mM SA		26.48±1.32 g	26.94±1.21 fg	28.86±2.13 d-g	28.79±1.91 d-g

LSD for SSC: N.S., TA: 0.04, SSC/TA: 0.99, Lycopene: 2.43

Table 2

Effects of SA on SSC, TA, SSC/TA and lycopene of tomato during ambient storage (20 °C).

Treatments	Storage (days)				
	0	2	4	7	10
SSC					
Control	4.70±0.17	4.07±0.12	4.73±0.12	4.06±0.03	4.53±0.23
0.5 mM SA		4.27±0.06	4.67±0.12	4.06±0.03	4.47±0.12
1.0 mM SA		4.23±0.06	4.93±0.12	4.08±0.01	4.67±0.12
2.0 mM SA		4.33±0.06	4.67±0.31	4.40±0.17	4.67±0.12
TA					
Control	0.517±0.031 a	0.483±0.015 bc	0.442±0.003 ef	0.399±0.012 gh	0.398±0.006 gh
0.5 mM SA		0.453±0.012 de	0.433±0.015 ef	0.430±0.017 ef	0.376±0.021 h
1.0 mM SA		0.436±0.021 ef	0.455±0.023 cde	0.427±0.015 efg	0.413±0.015 fg
2.0 mM SA		0.493±0.006 ab	0.476±0.015 bcd	0.416±0.012 fg	0.420±0.017 fg
SSC/TA					
Control	9.10±0.084 ghi	8.40±0.13 i	10.72±0.30 bcd	10.18±0.38 c-f	11.41±0.77 ab
0.5 mM SA		9.43±0.33 fgh	10.79±0.42 bcd	9.43±0.35 fgh	11.91±0.59 a
1.0 mM SA		9.73±0.62 e-h	10.85±0.40 bc	9.55±0.24 fgh	11.32±0.58 ab
2.0 mM SA		8.77±0.07 hi	9.82±1.01 d-g	10.59±0.65 b-e	11.12±0.12 abc
Lycopene					
Control	28.85±1.02 i	35.31±1.32 d	34.87±1.06 de	34.57±0.73 def	47.18±2.31 a
0.5 mM SA		32.62±2.23 gh	28.69±0.88 i	29.28±0.85 i	39.56±0.19 b
1.0 mM SA		33.71±0.69 d-g	32.18±1.23 gh	34.77±1.23 def	39.04±0.13 bc
2.0 mM SA		31.68±0.47 h	32.98±0.95 fgh	33.28±0.48 e-h	37.19±1.20 c

LSD for SSC: N.S., TA: 0.03, SSC/TA: 0.97, Lycopene: 1.86

During storage, SSC/TA values tended to increase in various levels according to the treatments in both storage conditions. SSC/TA ratio of tomatoes 9.10 at harvest. At the end of the 20 d cold storage duration, the highest SSC/TA value was determined in control fruits (12.30), while the lowest ratio was calculated in 2.0 mM SA treated fruits (10.27). SSC/TA of the tomatoes markedly increased along with the storage at 20 °C similar to cold storage findings. After 10 days of storage at 20 °C, SS/TA ratios were 11.91, 11.41, 11.32 and 11.12 for 0.5 mM SA, control, 1.0 mM SA and 2.0 mM SA, respectively. During the storage period, it was determined that postharvest 2.0 mM treatments effectively delayed the increase in SSC/TA value compared to control.

Changes in lycopene content of tomatoes during the cold storage at 5 °C were presented in table 1. Initial lycopene content of tomatoes was 28.85 mg kg⁻¹ and underwent a remarkable increase due to ripening advancement, with the greatest change in control along with the prolonged storage. 2.0 mM SA treatment significantly delayed the initiation of lycopene synthesis during cold storage. At the end of storage, the highest lycopene values were determined in control fruits (35.20 mg kg⁻¹), while the lowest lycopene amount was detected in 2.0 mM SA treated fruits (28.79 mg kg⁻¹). During ambient storage conditions, lycopene content increase with prolonged storage period. In control and SA treatments, this increase reached maximum level in 10 days. Lycopene values varied from 37.19 mg kg⁻¹ (2 mM SA) to 47.18 mg kg⁻¹ (control) at the end of storage.

4. Conclusion

The storability and shelf life of tomatoes are limited due to their perishable texture and accelerated ripening after harvest. Salicylic acid (SA), known to be an effective tool on extending the postharvest quality of horticultural commodities by preventing synthesis and movement of ethylene, was tested at various doses (0.5 mM, 1.0 mM and 2.0 mM) for effectiveness on postharvest quality maintenance of tomatoes stored at two different storage conditions (5 °C with 90% relative humidity and 20 °C with 65% relative humidity). SA treatment at all doses remarkably retarded weight loss at both storage conditions. Changes in firmness and many other biochemical features were retarded by SA. Among the applied doses, SA at 2 mM can be recommended as it was pioneering for most of the parameters analyzed during cold storage at both 5 °C for 20 d and at 20 °C for 10 d. SA treatment may be recommended as an environmental friendly, healthy and sustainable method for extending postharvest quality of tomatoes cold storage and shelf life, without significant adverse effect on produces.

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